

WELLNESS POLICY NEWSLETTER

Manteca Unified School District

2016 America's Healthiest Schools Awarded Three Elementary Schools In Manteca Unified School District

The Alliance for a Healthier Generation honored and awarded bronze to three elementary schools in Manteca Unified School District. Congratulations to Brock Elliott Elementary, Joseph Widmer Elementary, and Lathrop Elementary who were awarded as school champions on December 11th-12th, 2016, at the Healthier Schools Award Summit in San Diego, hosted by Kaiser Permanente and The Alliance for a Healthier Generation. Manteca Unified School District's Nutrition Dietitian, Jennifer Lew-Vang, Joseph Widmer teacher, Douglas Goff, and Lathrop Elementary Principal, David Silveira, accepted bronze awards and met with Anita Ruiz, Program Manger for The Alliance for a Healthier Generation (see picture on the right) and fellow Alliance for a Healthier Generation Representatives (see picture below).

America's Healthiest Schools recognized 37 out of 328 school champions from California, Washington, Oregon, and District of Columbia. All award winners strived to exceed strict guidelines to facilitate changes in their school environment and policies. To serve healthy meals and snacks, increase student health education and physical activity, and encourage school representatives to model healthy behaviors were amongst the criteria to become America's Healthiest School. A lot of time, commitment, dedication, encouragement, and support was contributed by all award winners. We are proud to be MUSD!

Upcoming Events:

Wellness Committee Meeting
 Tuesday, March 14, 2017
 MUSD District Office—Room 201

For more information: Patty Page
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Apply to Become Our Next Manteca Unified School District's Healthiest Schools

The 2016-2017 National Healthy Schools Award application is now available. For more information, please contact Anita Ruiz, Healthy Schools Program Manager for The Alliance for a Healthier Generation in Northern California, at Anita.Ruiz@healthiergeneration.org.

Share Your Wellness Story!

We love success stories at Manteca Unified School District! Success stories provide encouragement, support, and encourage new success stories.

Tips For A Good Wellness Story:

1. Simple and direct
2. Motivation
3. Identified problems
4. Problem solving
5. Success

Share your wellness story on our next Wellness Policy Newsletter!
 Contact Patty Page at ppage@musd.net or 209-825-3200

